



# Kim's Martial Arts School Winter Class Schedule

1180 Jaycox Rd. Avon, Ohio 440-930-2202

[www.kimsmartialartsavon.com](http://www.kimsmartialartsavon.com)

Class Schedule Effective Monday, January 16th, 2012 )

| Monday A                                                                     | Tuesday A                                                     | Wednesday B                                                         | Thursday B                                                    | Friday A/C                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Saturday A/B/C                                                |
|------------------------------------------------------------------------------|---------------------------------------------------------------|---------------------------------------------------------------------|---------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------|
| <b>Cardio-Fit Kickboxing</b><br>9:30-10:15<br>Class room 1                   |                                                               | <b>Cardio-Fit Kickboxing</b><br>9:30-10:15<br>Class room 1          |                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <b>Cardio Fit Kickboxing</b><br>9:00-9:50<br>Class room 1     |
| <b>Lil Dragons</b><br>10:30-11:00<br>Class room 1                            |                                                               | <b>Lil Dragons</b><br>10:30-11:00<br>Class room 1                   |                                                               | <b>Lil Dragons</b><br>10:30-11:00<br>Class room 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | <b>Black Belts &amp; Cho DanBo Class</b><br><br><b>9:15AM</b> |
| <b>Adults</b><br>11:15-12:00                                                 |                                                               | <b>Adults</b><br>11:15-12:00                                        |                                                               | <b>Adults</b><br>11:15-12:00                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | <b>Little Dragons</b><br>10:30-11:00<br>Class room 1          |
| <a href="http://www.kimsmartialartsavon.com">www.kimsmartialartsavon.com</a> |                                                               |                                                                     |                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <b>Family/Junior Class</b><br>11:15-12:00<br>Class room 1     |
| <b>Lil Dragons Beginner</b><br>4:45-5:15<br>Class room 2                     | <b>Lil Dragons Beginner</b><br>4:30-5:00<br>Class room 2      | <b>Little Dragons Beginner</b><br>4:45-5:15<br>Class room 2         | <b>Little Dragons Beginner</b><br>4:30-5:00<br>Class room 2   | <b>Little Dragons</b><br>5:30-6:00<br>Class room 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                               |
| <b>Lil Dragons</b><br>4:45-5:15<br>Class room 1                              | <b>Lil Dragons</b><br>4:30-5:00<br>Class room 1               | <b>Lil Dragons</b><br>4:45-5:15<br>Class room 1                     | <b>Lil Dragons</b><br>4:30-5:00<br>Class room 1               | <b>Family/Junior/Adult Class</b><br>6:15-7:00                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                               |
| <b>Juniors</b><br>5:15-6:00<br>Class Room 1/2                                | <b>Juniors</b><br>5:00-5:45<br>Class Room 1/2                 | <b>Juniors</b><br>5:15-6:00<br>Class Room 1                         | <b>Juniors</b><br>5:00-5:45<br>Class Room 1                   | <ul style="list-style-type: none"> <li>• <b>A days mean Forms skills</b></li> <li>• <b>B days mean sparring skills</b></li> <li>• <b>C days mean Self Defense skills</b></li> <li>• <b>Specialty Class see Board</b></li> <li>• <b>ELITE SPARRING OPEN TO ALL JUNIORS/ADULTS GREEN &amp; UP</b></li> <li>• <b>Family class may be attended by any student age 7yrs and up</b></li> <li>• <b>Lil Dragons 4-7/Jrs. 8-12/ Adults 13+</b></li> <li>• <b><u>Please visit our website for:</u></b></li> <li>• <b>All Curriculum for download and video viewing of all Forms</b></li> <li>• <b>School information and update</b></li> <li>• <b>All Test Application Forms</b></li> </ul> |                                                               |
| <b>Little Dragons</b><br>6:00-6:30<br>Class room 2                           | <b>Black Belts &amp; Cho Dan Bo</b><br>5:45-6:30              | <b>Lil Dragons</b><br>5:45-6:15<br>Class room 2                     |                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                               |
| <b>ORIENTATION CLASS</b><br>6:00-6:30<br>Class room 1                        | <b>Little Dragons</b><br>6:00-6:30<br>Class room 2            | <b>Family/Jr./Adult ALL BELT FORMS</b><br>6:00-6:45<br>Class room 1 | <b>Little Dragons</b><br>6:00-6:30<br>Class room 1            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                               |
| <b>Black Belts &amp; Cho Dan Bo</b><br>6:35-7:25<br>Class room 1             | <b>Family/Junior/Adult Class</b><br>6:35-7:20<br>Class room 1 | <b>Elite Sparring Class</b><br><b>6:15-7: 15</b><br>Class room 2    | <b>Family/Junior/Adult Class</b><br>6:35-7:20<br>Class room 1 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                               |
| <b>Family/Junior/Adult Class</b><br>7:30-8:15<br>Class room 1                | <b>Cardio-Fit Kickboxing</b><br>7:25 - 8:10<br>Class room 1   | <b>Specialty Class</b><br>6:45- 7:30 PM<br>See Front Board          | <b>Cardio-Fit Kickboxing</b><br>7:25 - 8:10<br>Class room 1   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                               |
|                                                                              |                                                               | <b>Black Belt Test Prep Class</b><br>starts 1/25                    |                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                               |

Videos of all Forms, Download Printable Form Diagrams, Information at [www.kimsmartialartsavon.com](http://www.kimsmartialartsavon.com)