

Tae Guk EE Jang Korean Terms

Step	Movement	Stance	Technique
Junbi			Kibon Junbiseogi
1	90 ⁰ turn to the left	Wen apseogi	Araemakki
2	Step forward	Oreun apkubi	Momtong bandaejireugi
3	180 ⁰ turn to the right	Oreun apseogi	Araemakki
4	Step forward	Wen apkubi	Momtong bandaejireugi
5	90 ⁰ turn to the left	Wen apseogi	Momtong anmakki
6	Step forward	Oreun apseogi	Momtong anmakki
7	90 ⁰ turn to the left	Wen apseogi	Araemakki
8	Oreunbal apchagi	Oreun apkubi	Olgul bandaejireugi
9	180 ⁰ turn to the right	Oreun apseogi	Araemakki
10	Wenbal apchagi	Wen apkubi	Olgul bandaejireugi
11	90 ⁰ turn to the left	Wen apseogi	Olgulmakki
12	Step forward	Oreun apseogi	Olgulmakki
13	270 ⁰ turn to the left	Wen apseogi	Momtong anmakki
14	180 ⁰ turn to the right	Oreun apseogi	Momtong anmakki
15	90 ⁰ turn to the left	Wen apseogi	Araemakki
16	Oreunbal apchagi	Oreun apseogi	Momtong bandaejireugi
17	Wenbal apchagi	Wen apseogi	Momtong bandaejireugi
18	Oreunbal apchagi	Oreun apkubi	Momtong bandaejireugi *
Baro	180 ⁰ turn to the left		Kibon Junbiseogi

* Kihop

Terms

Stances

Ready stance	Kibon Junbiseogi
Left walking stance	Wen apseogi
Right walking stance	Oreun apseogi
Left long stance	Wen apkubi
Right long stance	Oreun apkubi

Blocks

Down block	Araemakki
Body inner block (opposite side as the forward foot)	Momtong anmakki
Face block (rising upwards)	Olgulmakki

Punches

Body reverse punch (same side as the forward foot)	Momtong bandaejireugi
Body regular punch (opposite side as the forward foot)	Momtong barojireugi
Face reverse punch (same side as the forward foot)	Olgul bandaejireugi

Kicks

Left foot front kick	Wenbal apchagi
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Right foot front kick

Oreunbal apchagi