



Kim's Martial Arts School Class Schedule

36600 Detroit Rd. Avon, Ohio 440-930-2202

www.kimsmartialartsavon.com

Effective October 1, 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Little Dragons 10:00-10:30
					CT Sparring 10:00
					Black Belts 10:30-11:15
Little Dragons (Sparring/Forms) 6:00-6:30	Little Dragons 4:30-5:00	Little Dragons 6:00-6:30	Little Dragons (Sparring/Forms) 4:30-5:00		Taekwondo 11:15-12:00
Taekwondo 5:15-6:00	Taekwondo (Sparring/Forms) 5:00-5:45	Taekwondo 5:15-6:00	Taekwondo 5:00-5:45	<p>Please arrive no earlier than 10 minutes before your class.</p> <p>Arrive dressed for class.</p> <p>Bring a water bottle.</p> <p>Sparring classes: <u>Taekwondo:</u> Have leg/arm pads on prior to class</p> <p><u>Little dragons:</u> Have chest guard, leg/arm pads on prior to class</p> <p>Schedule subject to change as needed.</p>	
	Black Belts 5:45-6:30		Black Belts 5:45-6:30		
CHO DAN BO Test Prep 6:30-7:30	Taekwondo 6:35-7:20	Taekwondo (Sparring/Forms) 6:30-7:30	Taekwondo 6:35-7:20		
CT Sparring 6:30	Strength-Fit Kickboxing 7:30-8:15	CT Sparring 6:30	Strength-Fit Kickboxing 7:30-8:15		

Videos of all Forms, Download Printable Form Diagrams, Information at www.kimsmartialartsavon.com